**Apology Letter to Parents Template:**

To Mum and Dad,

I owe you both a huge apology for my actions and behaviour and I want you to know that it was never my intention to hurt either of you. There is no explanation for my lying/stealing/bad behaviour lately and you should understand that my actions are not a reflection of your roles as parents.

What I did was extremely inappropriate and immature, and I can see all this now as I look back on the incident (give details). I have to take responsibility not only for what I did but also for the way I made you both feel. I do not want to let you down again and so I am trying to think of ways to prevent anything like this happening again.

I can only reiterate once more that I apologise for what I have done/the way that I spoke/my actions. I hope you can find it in your hearts to forgive me so that we can move on from this negative time.

Love your son/daughter.